



Rand Public School

NEWSLETTER



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Week 9, Term 4

5th December 2013

Reminders

- Cooking IOU's

Principal's Message

Dear Parents,

Thank you for your understanding towards Tuesdays stop work meeting. I know it can be difficult organising appropriate supervision for children at this time.

Students are busy rehearsing their dance routines, play (written by Rose Webster) and Christmas carols for Presentation Night.

As it is getting hotter please send in extra cold water for children to drink. Alternatively children can fill drink bottles at school and put them in the fridge. Thank you.

Tracey Southam

Notes Due in:

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Assistance needed

Helpers are needed for the Year 6 Farewell Dinner and setting up the hall for Presentation Night. If you are free to help, even for an hour or so, it would be greatly appreciated. Please let Tracey or Carole know.

Presentation Night

I would like to remind all students that they must wear full school uniform to Presentation Night. Shoes must be black school shoes or joggers. Hair accessories to be school colours only please. A list of costumes children will need for the night is included in the newsletter.

Could parents please provide a plate of food to share for supper on the night.

Pre-school Room Clean-up

On the last day of school, Wednesday 18th December, at 3pm we are looking to have a big clean up of the pre-school room. As this will be the end of year concert

and lunch for pre-schoolers if there is anyone available after school to help with moving furniture please let us know. There are a number of items that can be sent to the tip or claimed if anyone is interested in them. Items include: a filing cabinet, an old catalogue drawer and tote tray benches. If you are interested in them please let us know before hand. New cupboards will be arriving for Pre-school and school use.

Library

Please return all library books next week to enable Mrs Rose to complete a stock take.

A convict lunch?

This week students in Yrs 3-6 made "Hard tack" which was eaten by convicts on the First Fleet and during World War II by soldiers in the trenches. Hard Tack provided a source of nutrition on the nine month journey and lasted longer than bread.

Dates to Remember:

- Year 6 Farewell & Christmas Lunch—Tues 10th December
- Christmas Craft & Thank you Morning Tea—Wed 11th Dec
- Presentation Night—Tues 17th December
- Last day Term 4 (students) Wed 18th December

Cooking

Students will be making brownies and fudge on Monday with Kirsty to have for morning tea on Wednesday. Could students please bring in \$2.00 each for ingredients.

School Concert Costumes

Children will need to bring their costumes in by this Monday in order to start practising at the hall please.

Thank you Rebecca for purchasing a number of red Christmas t-shirts for children to use. There are also several Santa hats infants children can borrow too.

Shine—Yr 5/6 Girls

Year 5/6 girls will be attending their second 'Shine' session on Friday 6th December. The day will begin at 10.20am and conclude at 2.45pm. Thank you Cathy for assisting with travel this week.

Student of the Week

Lachlan was selected Student of the Week for always doing his best in all subjects and having excellent manners.

Someone/thing that is very important to me is:
my poppy

Because: He's really, really nice

I learn best when: I am doing my homework

Outside of school I am learning to: save my pocket money

This year I have learnt: not to be cheeky to adults.

Bookwork Award

Students selected Chloe this week as "it was neat", "her letters were perfectly formed" and "it was on the line".

Students also selected Rose as "it was really neat and always on the line", "neat all of the time" and "focusing on her work".

School Attendance

Going to school is important. It makes learning easier for your child and helps build and maintain friendships with other children.

- Keep your child home only when they are sick.
- Advise the school of any absence.
- See doctors and dentists after school times.

Friends are important.

- Show an interest in your child's friends
 - Invite friends to come and play
 - Encourage your child to play with other children.
- Helping your child have a happy day at school is important for you and your child.

If you are having difficulties in getting your child to school you should contact the principal as soon as possible to discuss the problem and ask for help. The principal may ask a Home School Liaison Officer to contact you for further assistance and advice.

[Missing School Leaves gaps in your education](#)



Hard Tack Cooking



Term Calendar

Date	Event
Friday 6th December	Shine—Yr 5/6 Girls—Culcairn PS
Tuesday 10th December	Yr 6 Farewell Lunch—K-6—1.00pm at Footy Pavillion
Wednesday 11th December	Christmas Craft—9-11am Volunteers Thank you Morning Tea 11am
Friday 13th December	Reports Sent Home Mrs Southam - WHS— 2.00pm Walbundrie PS
Tuesday 17th December	Presentation Night—7.00pm—Rand Hall
Wednesday 18th December	Last Day Term—Students
Friday 20th December	Last Day Term—Staff
Tuesday 28th January 2014	Staff Development Day
Wednesday 29th January	All Students Return to School
Tuesday, 11th February, 2014	P&C AGM and General Meeting



Nutrition Snippet

The simplest way

to get your kids loving Fruit & Veg.

Eating plenty of fruit and veg can help keep your children healthy, but sometimes it's hard to get them to eat enough. Children often copy their parents, so our first tip is to make sure you eat enough too!



Other tips are:

- **Put your kids in charge.** Let them choose and wash fruit and veg for their lunch box; if they're able to, let them peel, cut or grate it.
- **Keep it interesting.** Cut fruit and veg into a variety of small shapes so it's easier and fun to eat.
- **Make ready-to-eat snacks.** Keep cut fruit and veg in the fridge for the kids to grab and eat with hummus or yoghurt.

For more information visit
www.eatittobeatit.com.au
 or join us at [facebook.com/eatittobeatit](https://www.facebook.com/eatittobeatit)



Costumes for Presentation Night

Children will need to wear for the play:-

K-2 Dress as adults (mums and dads.)

Yr 3 Kids play clothes.

Yr 4,5, & 6 Dress as pirates. Rose—apron, bright colourful clothes.



Children will need for the dance:-

K-2 Need Santa hats.

K-6 A Christmas shirt (please purchase from the op shop or reject shop. Only about \$5.00—don't spend a lot.)

and

Navy blue shorts (most children have from sports uniform) or skort.

If anyone has a spare Christmas t-shirt, Santa hat or pirate clothes, and would like to lend them for other children please send in with name of owner on it.



Invitation

**All school parents, family members, volunteers and
2014 Kinder students are invited to attend a**

Christmas Craft and Thank you Morning Tea

**On Wednesday 11th December from 9am -11am (craft)
and 11–11.30am (morning tea)**

Lots of fun!!!

Lots of fun!!

